

“I will open my mouth in a parable: I will utter dark sayings of old: Which we have heard and known, and our fathers have told us. We will not hide them from their children, showing to the generation to come the praises of the LORD, and his strength, and his wonderful works that he has done.” - Psalm 78:2-4

## The 3 best days to pray...

*“There are 3 days in which answers to prayers come faster (and more powerfully) than at any other time. These are the days when mere mortals can capture the undivided attention of Heaven.”*

**From: Elisha Goodman**

**Sunday 2:15 AM**

Calvary greetings ...

There are 3 days in which answers to prayers come faster (and more powerfully) than at any other time. These are the days that mere mortals can capture the undivided attention of Heaven.

Believe it or not, getting the attention of heaven laser-focused on your situation even for a minute is all that you require for victory, miracles and uncommon breakthroughs.

And...

Knowing how to stretch that one minute into one hour ... one day ... up to 3 days and beyond is the secret sauce for a lifetime of signs and wonders.

Before we go a step further, please let's pause for prayers.

You will lift up your voice and cry unto the Lord like this:

- 1. O Lord, open my spiritual ears to hear, and my spiritual eyes to see your glory in Jesus' name.*

2. *Any seed of rebellion in my life I command you to die in Jesus' name.*
3. *I refuse to live in a captive universe; powers of captivity loose your hold in the name of Jesus.*

Now we are ready to begin.

We're going to read quite a few Scriptures to give us perspective.

That is because every message must rest on a strong scriptural foundation in order to unleash its full potential ... to go forth and accomplish the purpose to which it is sent.

In Matthew chapter 15 we read:

*Then Jesus called his disciples to him, and said, I have compassion on the multitude, because they continue with me now three days, and have nothing to eat: and I will not send them away fasting, lest they faint in the way.*

*And his disciples say to him, From where should we have so much bread in the wilderness, as to fill so great a multitude? And Jesus said to them, How many loaves have you? And they said, Seven, and a few little fishes. And he commanded the multitude to sit down on the ground.*

*And he took the seven loaves and the fishes, and gave thanks, and broke them, and gave to his disciples, and the disciples to the multitude. And they did all eat, and were filled: and they took up of the broken meat that was left seven baskets full. And they that did eat were four thousand men, beside women and children.*

- Matt 15:32-38

Please take note of the phrase:

*"They have been with me three days and have had nothing to eat."*

How many days? 3 days.

Now we take a sampling of verses from the book of Jonah:

*Now the LORD had prepared a great fish to swallow up Jonah. And Jonah was in the belly of the fish **three days and three nights...***

*Then Jonah prayed to the LORD his God out of the fish's belly,*

*And said, I cried by reason of my affliction to the LORD, and he heard me; out of the belly of hell cried I, and you heard my voice.*

*- Jonah 1:17; 2:1-2*

Please take note of phrase: 3 days and 3 nights.

Incidentally many people reading this might be in a worse situation that the prophet Jonah, if only they could see where they are right now in the spirit.

## **How do I know this? How can I be so sure?**

We'll come back to this shortly...

The next scripture is from Acts of the Apostles. In chapter 9 we see this:

*And Saul arose from the earth; and when his eyes were opened, he saw no man: but they led him by the hand, and brought him into Damascus. And he was three days without sight, and neither did eat nor drink.*

*And there was a certain disciple at Damascus, named Ananias; and to him said the Lord in a vision, Ananias. And he said, Behold, I am here, Lord. And the Lord said to him, Arise, and go into the street which is called Straight, and inquire in the house of Judas for one called Saul, of Tarsus: for, behold, he prays, And has seen in a vision a man named Ananias coming in, and putting his hand on him, that he might receive his sight.*

*Acts 9:8-12*

Again note the number: **3 days**

Also note the phrase: **neither did eat or drink.**

Before I make seven incremental statements we'll take two steps. First, we'll take a step back into the Old Testament, and then we'll jump forward into the New Testament for a couple more verses.

(Hint: There is a reason we are going back and forth. It will all be clear in a moment.)

*Then Esther bade them return Mordecai this answer, Go, gather together all the Jews that are present in Shushan, and fast you for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in to the king, which is not according to the law: and if I perish, I perish.*

*Esther 4:15-16*

How many days? **3 days**

How many nights? **3 nights**

In Luke 11 we read this:

*And he said to them, Which of you shall have a friend, and shall go to him at midnight, and say to him, Friend, lend me three loaves; For a friend of my in his journey is come to me, and I have nothing to set before him?*

*And he from within shall answer and say, Trouble me not: the door is now shut, and my children are with me in bed; I cannot rise and give you. I say to you, Though he will not rise and give him, because he is his friend, yet because of his importunity he will rise and give him as many as he needs.*

*Luke 11:5-8*

What's the number here? **It is 3.**

Not one. Not two. Not five. Not seven.

There is a reason for this.

Going back to our working scripture in the book of Acts, we notice a peculiar thing:

The Lord told Ananias:

*And the Lord said to him, Arise, and go into the street which is called Straight, and inquire in the house of Judas for one called Saul, of Tarsus: for, behold, he prays...*

From His throne in heaven, the Lord moved with urgency in response to Paul's prayers and...

Despatched an immediate answer to that prayer using a human vessel on the earth.

I want to make sure we get this clearly:

- Paul was 3 days without food or water
- He spent the whole time praying
- The God of heaven and earth responded immediately to those prayers
- By dispatching the answer through His human agent closest to the scene of action

At this point we are ready to make the first 2 important statements:

**Important Statement #1:**

Your 3 days of prayer, when you neither eat nor drink, provide you with the best (fastest) opportunity to capture the undivided attention of heaven.

And the next...

### Important Statement #2:

With heaven's attention focused on YOU, all of God's creation (including human and spirit beings) will align to quickly bring His desires in answer to your prayers.

What happened to Apostle Paul provides us with a naked demonstration of these two statements.

But there is a question...

Why would the God of heaven and earth do this? It is not as if He is under any obligation to answer us.

Going back to the very first scripture we read, we're told that Jesus felt something for this crowd of people following Him around for 3 days. So He decided to feed them.

Why?

He gave his own reason:

*Then Jesus called his disciples to him, and said, I have compassion on the multitude, because they continue with me now three days, and have nothing to eat: and I will not send them away fasting...*

When you study the miracles of Jesus as He ministered to people, you will discover that oftentimes He was driven by this thing called **compassion**.

And what is compassion?

The dictionary tells us that it is:

*A feeling of deep sympathy and sorrow for another who is stricken by misfortune, accompanied by a strong desire to alleviate the suffering.*

We see His compassion in action when ...

- Healed the sick (Matt 14:14)
- Gave food to 4000 (Mark 8:2)
- Restored sight to the blind (Matt 20:34)
- Taught the mysteries of his kingdom (Mark 6:34)

This leads us directly to our next statement:

**Important Statement #3:**

The LORD's compassion is poured forth beyond measure during the 3 days that you pray, neither eating nor drinking.

To receive anything from the Lord, YOU and I need His compassion. Absent this, we would find our Christian journey a lot harder than it needs to be.

Now, compassion has a close cousin in the spirit realm.

In Psalm 102 we read:

*You will arise and have **compassion** on Zion, for it is time to show **favor** to her; the appointed time has come. - Psalm 102:13*

Compassion and Favor.

It is wonderful enough when the Lord has compassion on us. When He now adds His favour, then things can get mind-boggling pretty fast.

I mean ... awe-inspiring things. Stuff that defies logical or rational explanation.

## One of the hidden forces that drives the universe

Please listen closely:

**The Lord's favor is one of the hidden forces that drives the universe.**

Once this supernatural power invades your life, you will be promoted to a whole new realm... a realm where you will become an effective co-laborer with the Lord.

*Defend the poor and fatherless: do justice to the afflicted and needy. Deliver the poor and needy: rid them out of the hand of the wicked. They know not, neither will they understand; they walk on in darkness: all the foundations of the earth are out of course.*

*I have said, You are gods; and all of you are children of the most High.*

*- Psalm 82:3-6*

I have to tread carefully here, before some modern-day Pharisee out there accuses me of blasphemy. That is because their spiritual forbears attacked Jesus violently when He quoted this same scripture in John 10:34.

I'm getting ahead of myself here...

Back to what we were discussing.

**In order to make uncommon progress,  
this is an absolute requirement**

The Lord's favor is an absolute requirement if you are to move from your present level to the realm of the eagles.

It is an absolute requirement if you are to finally break the backbone of generational oppression and hidden spiritual captivity.

And yes ... it is an absolute requirement if you really want to possess your possession and walk in your divine destiny in Christ Jesus.

*For they got not the land in possession by their own sword, neither did their own arm save them: but your right hand, and your arm, and the light of your countenance, because you had a favor to them.*

- Psalm 44:3

So how did they possess their possession? The Lord's Favor.

Now let's check in with the beautiful Queen Esther. Last time we read about her, she was getting herself and her troops ready for a peculiar 3-day fast – ***the Esther Fast***.

*Now it came to pass on the third day, that Esther put on her royal apparel, and stood in the inner court of the king's house, over against the king's house: and the king sat on his royal throne in the royal house, over against the gate of the house. And it was so, when the king saw Esther the queen standing in the court, that she obtained favor in his sight: and the king held out to Esther the golden scepter that was in his hand. So Esther drew near, and touched the top of the scepter.*

- Esther 5:1-2

Queen Esther was walking a really fine line here. Her approaching this king without a formal, royal invitation should have gotten her head chopped off immediately. That's the way things worked in those days.

But instead she received what? Royal favor.

History makes it clear that this king was a notorious killer who thought nothing of murdering his generals, his subjects and even his own sons.

Esther knew this very well. The Jews, upon whom a blanket death sentence had just been passed, also knew this very well.

But they knew something else... something divinely inspired.

*Go, gather together all the Jews that are present in Shushan, and fast you for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in to the king... Esther 4:15-16*

That brings us to the next statement.

**Important Statement #4:**

3 days and 3 nights of prayer, when you neither eat nor drink, opens the heavens and wraps a blanket of favour around you.

Please slow down .... and let that sink into your spirit.

When the LORD's favour wraps around you like a thick blanket, it means you have 24-hour, round-the-clock divine protection.

*For you, LORD, will bless the righteous; with favor will you compass him as with a shield. - Psalm 5:12*

Friends, at this ultra-high security level of protection, your enemies will not even be able to see you. Yes, you become invisible to your enemies.

The only entities allowed to locate you will be ... your divine helpers!

PLUS those who need to restore your blessings.

And if they fail to bless you promptly, the Lord will appear to them in a vision or dream, and instruct them to move quickly or else...

*Now Abraham journeyed from there toward the land of the Negev, and settled between Kadesh and Shur; then he sojourned in Gerar. Abraham said of Sarah his wife, "She is my sister." So Abimelech king of Gerar sent and took Sarah.*

*But God came to Abimelech in a dream of the night, and said to him, “Behold, you are a dead man because of the woman whom you have taken, for she is married.” Now Abimelech had not come near her; and he said, “Lord, will You slay a nation, even though blameless? “Did he not himself say to me, ‘She is my sister’? And she herself said, ‘He is my brother.’ In the integrity of my heart and the innocence of my hands I have done this.”*

*Then God said to him in the dream, “Yes, I know that in the integrity of your heart you have done this, and I also kept you from sinning against Me; therefore I did not let you touch her. “Now therefore, restore the man’s wife, for he is a prophet, and he will pray for you and you will live. But if you do not restore her, know that you shall surely die, you and all who are yours.”*

*Abimelech then took sheep and oxen and male and female servants, and gave them to Abraham, and restored his wife Sarah to him.*

*Gen.20:1-7; 14*

Now we are going deep ... deep ... deep.

There is another dimension to this.

The Bible says:

*For ever, O LORD, your word is settled in heaven. - Psalm 119:89*

For the next prayer, we change location (in the spirit) so we can take it from the vantage point of heaven.

Please close your eyes and take this prayer with a holy shout:

*By the decree of heaven, let every creation of God begin to work in my favour from now henceforth in the name of Jesus Christ.*

I'd be remiss if I did not point this out right away.

There is another side to this thing called the Lord's Favor.

As you are receiving the Lord's favor, the enemies of your divine destiny could well be receiving something else.

And that something is called **JUDGMENT**.

When Esther and her people received the king's favour, their sworn enemy Haman received what? Judgment.

When the Israelites of old moved in to possess the land as a result of the Lord's Favor, what did the previous occupants receive? Judgment.

Within the 3 Best Days to pray, there is a way you can specifically release the Lord's judgment on all the troublers of your Israel.

Mind you, these troublers might be different for different people.

- For some it could be the troublers of their health (those ones go by many fancy names these days).
- For some it could be the troublers of their marital destiny
- For others it might be ancestral or generation evil troublers on a suicide mission to steal, kill or destroy.

No matter.

Once the Lord's favor wraps around you, they all are in for a time of divine judgment, without exception.

Let's see how this works.

David said:

*At midnight I will rise to give thanks to you because of your righteous judgments.*

*- Psalm 119:62*

If you know a bit about David, you will agree that he was a man who knew how to praise the Lord, among other things.

**Here he is revealing a deep secret.**

He says that at the midnight hour, he would usually spend quality time in high praises unto the Lord.

If you study some of the Psalms he penned after those midnight sessions, you will find a strange comingling of prayers – for the Lord’s favour and for the Lord’s judgment – often in the same breadth.

By his midnight action – through prayer, praise and worship – David regularly precipitated a collision of two opposing forces.

1. The force of the Lord’s favor
2. The force of the Lord’s judgment

These two powers (or forces) would collide together, and then separate and go off in different directions ... *favor towards David, and judgment towards his enemies.*

In the pre-release version of this manuscript, I mentioned that your prayers must cause a collision in the unseen realms, in order for certain things to move.

In the past, so many people had expressed reservation, even shock, at how aggressive David’s prayers sometimes sound.

One moment he is praising the Lord. The next moment he is releasing terrible weapons of judgment against his enemies.

**NOTE:** When you see the word “enemies” in our materials, we are NOT referring to human beings. Our focus is on the invisible entities mentioned in Ephesians 6 verse 12.

With that being said, we are now ready for the next statement.

**Important Statement #5:**

Your 3 days of prayer, when you neither eat nor drink, is the perfect time to break down ancient barriers, open closed doors, and put the camp of the enemy in total disarray, PROVIDED you mix your prayers with aggressive midnight praise.

You remember how the shout of praises brought down the ancient walls of Jericho?

That took 7 days.

**Here you have a shortcut...**

You can bring down every invisible wall of captivity in 3 days or less...

If only you will learn (and master) the art of midnight praise.

Now, for those folks who are under the erroneous impression that the Old Testament is outdated, let's see a quick demonstration of this age-less principle in the New Testament.

*And at midnight Paul and Silas prayed, and sang praises to God: and the prisoners heard them. And suddenly there was a great earthquake, so that the foundations of the prison were shaken: and immediately all the doors were opened, and every one's bands were loosed.*

*Acts 16:25-26*

Praise the LORD.

Here they were using a combination of just 2 things:

- Midnight prayer
- Midnight praise

Because that's all they had at their disposal in the situation they found themselves.

But look what results they got!

This matter of divine judgment is very, very important to understand.

Once the Lord's favour is poured forth, you can be sure the sword of judgment has also been unleashed to accomplish the strange works of the Lord somewhere AT THE SAME TIME.

**Here's a classic example:**

*Now about that time Herod the king stretched forth his hands to vex certain of the church. And he killed James the brother of John with the sword. And because he saw it pleased the Jews, he proceeded further to take Peter also. (Then were the days of unleavened bread.)*

*And when he had apprehended him, he put him in prison, and delivered him to four squads of soldiers to keep him; intending after Easter to bring him forth to the people.*

*Peter therefore was kept in prison: but prayer was made without ceasing of the church to God for him.*

*And when Herod would have brought him forth, the same night Peter was sleeping between two soldiers, bound with two chains: and the keepers before the door kept the prison. And, behold, the angel of the Lord came on him, and a light shined in the prison: and he smote Peter on the side, and raised him up, saying, Arise up quickly.*

*And his chains fell off from his hands. And the angel said to him, Gird yourself, and bind on your sandals. And so he did. And he said to him, Cast your garment about you, and follow me. And he went out, and followed him; and knew not that it was true which was done by the angel; but thought he saw a vision.*

*When they were past the first and the second ward, they came to the iron gate that leads to the city; which opened to them of his own accord: and they went out, and passed on through one street; and immediately the angel departed from him.*

*And when Peter was come to himself, he said, Now I know of a surety, that the LORD has sent his angel, and has delivered me out of the hand of Herod, and from all the expectation of the people of the Jews.*

*And when he had considered the thing, he came to the house of Mary the mother of John, whose surname was Mark; where many were gathered together praying....*

*And on a set day Herod, arrayed in royal apparel, sat on his throne, and made an oration to them. And the people gave a shout, saying, It is the voice of a god, and not of a man. And immediately the angel of the Lord smote him, because he gave not God the glory: and he was eaten of worms, and gave up the ghost.*

*- Acts 12:1-12; 21-24*

### **There is an A-B-C lesson here:**

- A.** When king Herod captured (and eventually killed) the apostle James, the disciples did ... well ... nothing. The enemy moved too fast for them to react. They had no time. No warning. Nothing.
- B.** Emboldened by his success, Herod went forward to grab Peter, the chief apostle at the time, thinking he could put him to death just as easily as he'd done to James.
- C.** But there was a little problem. This time the disciples were ready for him. Somehow they had snapped out of their slumber and jumped into relentless, unceasing prayer.

Because of their prayer intervention, a collision of forces was set in motion. In the aftermath, the power of favour moved swiftly toward Peter, drawing him out of prison, and toward the praying saints as they were engaged in their midnight battle.

On the other hand, the sword of judgment was drawn irresistibly to his oppressor, resulting in a less than desirable end for him. That is how the evil package of untimely death planned for Peter was returned to sender without any apologies.

By the way, I hope you know how to send evil arrows back to sender. It is totally scriptural to do so.

**It is time to pray again:**

*Lord, I ask that you sit in judgement against all those that trouble me, including their agents, advisors, consultants, priests and prophets...*

*And let every Pharaoh or Herod sitting in judgement against me receive your righteous judgement and indignation right now in Jesus' name.*

I just pulled that prayer from our little prayer book, the ***Prayer of Caleb*** ... the one book that is on the bookshelf of Prayer Academy graduates worldwide.

Skilfully applied, this one prayer can deliver more than its full weight in gold.

One prayer eagle recently sent in this praise report, after her friend took the prayer out for a “test drive.”

*"When I started the Prayer Academy in October last year I told a friend about it.*

*I did not see her until two weeks ago when she asked how I was getting on.*

*I shared a lot of testimonies and told her that even though it is hard work you fall in love with the results and keep going.*

*She, on the other hand, was struggling with many things including problems at work and was at risk of losing her job.*

*I shared the book "The Prayer of Caleb" which I carry with me all the time and encouraged her to pray.*

*She used her phone to take a picture of one of the prayers which she went away and prayed over a difficult issue at work.*

*A few days later I received a text saying that the issue had been resolved in her favour!*

*In her words she said,*

*"I am starting to like the results! Praise God!"*

*This is the prayer she prayed:*

*Lord, I ask that you sit in judgement against all those that trouble me, including their agents, advisors, consultants, priests and prophets...*

*And let every pharaoh or Herod sitting in judgement against me receive your righteous judgement and indignation right now in Jesus' name.*

*May God continue to bless and increase your ministry."*

**- Sister Rejoice**

Praise the LORD.

Moving on.

### **The 3 Best Days To Pray is like a 3-legged stool**

**1<sup>st</sup> leg** is: The 3 days without eating and drinking

**2<sup>nd</sup> leg** is: The midnight praise action during those 3 days

**3<sup>rd</sup> leg** is: The prayers, the prayers and the prayers

In the spirit realm things are not always what they seem.

An innocent-looking prayer like:

*O LORD, clothe me with your garment of favour...*

... can have far-reaching consequences than you can ever imagine. While you might only be thinking of all nice and wonderful things, that same prayer can at the same time trigger an earthquake of divine judgment somewhere.

At the midnight gate, you need to follow the leading of the Holy Spirit very very closely. You must learn to move in lockstep with Him... not rushing ahead of Him, and not falling behind Him.

You must be in step, in sync and in tune with Him.

How do you do this? By His WORD.

**As you immerse yourself in the Word**, many hidden nuggets will be dropped in your spirit.

If you know how to grab those golden nuggets and convert them to fast-action prayer bullets, then you will be off to the races.

Before the feeding of the 4000 that we saw earlier, Jesus said:

*I have compassion on the multitude,  
because they have been with me now three days...*

They had been with Him ... doing what?

Listening to Him teach. Hanging on to His every Word. Hungrily taking it in. day after day after day.

They replaced their physical hunger with a hunger for His word.

Now watch this:

**Once they replaced their physical hunger with a hunger for His word ... His compassion was triggered.**

To a limitless and overflowing degree.

We are now approaching what might be...

### **The most important statement in this entire letter...**

#### **Important Statement #6:**

Your 3 days of prayer, when you neither eat nor drink, but rather immerse yourself in midnight praise, midnight prayer, and the Word will bring you into true ONENESS with the Risen Lord.

He will begin to feed you with the Bread of Heaven i.e. Himself.

He will plug your life into the divine electricity grid... and suddenly you will begin to shine like the light of the world that you were meant to be.

At this level, internal barriers operating in some dark area of your life unseen will begin to melt away. All the “strangers” will hastily find their way out of their hiding places in your body ... or risk being incinerated by the divine electricity now coursing through your veins.

This is for real.

At this level nothing will be hidden from you. The secrets of your life (that the enemy has been taking advantage of) will suddenly be laid bare before you.

**If you DARE to follow through with this experience**, the voice of the Spirit will be activated from deep within you.

This is like an internal GPS telling you what to do, how to do it, when to move, when to stay still, etc.

We are getting ready to make our final statement in a moment.

Before then please let's pause again for prayer:

*O LORD, I need divine direction;  
order my steps in your word in Jesus' name.*

In Psalm 119 verse 105 it is written:

*Thy word is a lamp unto my feet, and a light unto my path. - Psalm 119:105*

I want to make sure you get this...

What we are talking about here is the voice of the Word that you receive by revelation ... which must be perfectly in agreement with the Word of God in scripture.

**Your ability to hear and discern the voice of His word** is the single most important thing in your life. And the only way you will be able to develop hearing ears to hear the voice of His word in the spirit is through DEEP prayer, like the type we're discussing here.

The voice of His word.

This is no ordinary word.

It contains within itself a rare seed indeed. Within this seed lies the power to focus and motivate you ... through fire and pouring rain.

The power that will propel you forward... especially when things look hopeless and you feel like giving up.

With this power, giving up won't be an option. Rather you will find yourself thrust forward, driven inexorable towards your divine destiny ... by something inside you which you may not be able to put a finger on.

With this in mind, our last of the 7 incremental statements goes like this:

**Important Statement #7:**

Your 3 days of prayer, when you neither eat nor drink, but rather immerse yourself in midnight praise, prayer and the WORD will ignite the anointing within you... to power you to the finish line (your divine destiny).

Look, the Bible says:

*And as for you, the anointing which you received from Him remains within you, and there is no need for any one to teach you. But since His anointing gives you instruction in all things--and is true and is no falsehood--you are continuing in union with Him even as it has taught you to do.*

*- 1 John 2:27*

It is within YOU. It may just be dormant. It is not outside!

Praise the LORD.

You see today most people have heard endless messages from teachers, preachers and other ministers.

They know what is right and what is wrong.

They can quote many scriptures and tell captivating Bible stories.

Yet, when confronted with medium-to-tough situations, they find no strength to carry on. You see them running from pillar to post, looking for “anointed” persons to do everything for them.

When they are told to do the simplest things like reading one chapter of the Bible and praying just a few prayers, they find no strength or motivation to go through with it.

They attend many seminars, learn many things but find that they lack the focus and motivation to follow through and apply whatever it is they learned.

All too often you find the words of the old apostle coming to pass:

*For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food.*

- Heb.5:12

So life becomes a never-ending treadmill.

No progress. Nothing to show for years of walking the Christian walk.

Only misery ... torture ... oppression.

But things don't have to be this way.

Change can happen. **Dramatic change.**

It will take something being triggered deep within you for this change to happen.

Welcome to the world of the eagles.

What I have described to you here is the biblical path to unstoppable anointing.

There are NO shortcuts.

The Best 3 Days secret is at the root of every anointed minister or ministry there is anywhere in the world.

Are there believers you think are more anointed than you?

## **Is this their SECRET SAUCE?**

This is the absolute starting point ... on their journey up the mountain of power.

They all start from here... and then go on to surrender leadership to the Holy Ghost who would then take them anywhere He wishes.

**Depending on the particular mountain you want to climb** (Everest anyone?) the Holy Ghost can stretch what I've described here to 7 days, 10 days, 14 days, 21 days, 40 days and even beyond.

For instance I saw this one in my inbox a few days ago:

*Hi Elisha*

*God has smiled on me! Remember I told you I was in a 21 days fasting in April from the 10th to the 30th. Tell you what? God has answered my prayers!*

*I HAVE BEEN PROMOTED!!!!*

*If you remember my story, for nine years I was earning peanuts and everyone seemed hostile at work at my promotion. Many a times recommendations were made which never came to pass. Following up on them was futile.*

*But just 30 days after fasting I have my promotion and guess what! Its double what I have been earning. Isn't it wonderful. I thank the Lord and I thank you Elisha for teaching me the secret of the 'back door' because in all those 21 days I woke up at the midnight hour just to worship God and pray in tongues. And it happened!*

*- Itumeleng*

Notice what she did, besides fasting:

*"I woke up at the midnight hour just to worship God and pray in tongues."*

Reminds you of David, doesn't it?

Thousands of believers write to me, claiming they had gone through deliverance countless times yet the problem remains. In many cases the problems keep on multiplying.

I ask a simple question:

***"Can you describe to me a typical deliverance session that you've gone through?"***

Over the years I have heard things like:

1. I had tea with a powerful prophet and he declared that I was delivered.
2. A pastor prayed over me and told me I didn't need deliverance.
3. I received a prophecy that all my problems were going to be over shortly.
4. I fell under the anointing as hands were laid on me.
5. I was told to drink anointing oil and take a holy bath (whatever that means).
6. I was told to sleep with a Bible under my pillow every night.
7. etc, etc.

When I hear things like this I gently advise them to look for a Bible-believing Christian ministry that understands deliverance and make haste to join their program without further delay.

While not telling them whether their "deliverance" in the past was good or bad, usually I give them one hint:

"If you can find a ministry with a deliverance program that begins or ends with a 3-day Esther-style fast, then chances are you're in the right place."

Just one clue. But it is a crucial one.

There is a divine pattern for effective deliverance.

Some ministers know it. Some don't.

Some churches practice it. Some don't.

**Your challenge, should you choose to accept it**, is to put on the uniform of a spiritual detective and go find the genuine ones...

Otherwise in your desperate quest for a solution to your problems, you run the high risk of falling into the pit of serious error (one that has taken some believers many long weary years to dig themselves out of).

Look at this email I received years ago from Ireland:

*"Thank you Elisha for the great job you are doing. May God bless you abundantly. There was one of your prayer bullets that I used. It was about arrows of death. I prayed that prayer at midnight, and that night I had a dream. I saw myself inside a fridge buried underground. Thank God in that dream I had the power to get out. When I came out, I saw armed people coming to me. They were all carrying dangerous-looking weapons, but I told them that I serve the Living God. They came near as they wanted to finish me off but their weapons refused to work! Praise the LORD!"*

- Faith, Ireland

This is what I meant when I said earlier that many people today are in a worse situation than Jonah in the belly of the fish.

I don't mean to digress here...

But doesn't it just make you sad to see fellow believers falling for all kinds of myths and half-truths... and having to go through a prolonged period of painful (and expensive) trial and error to correct their past mistakes?

You see all these wonderful Christian brothers and sisters everywhere. They're born again. They love the Lord, and they try to put their heart and soul into walking with the Lord daily.

**They want to have a healthy relationship with the Lord** (but without much prayer). They want to create a good life for themselves and their families. They want to make a meaningful impact on the world, using godly principles.

They work so hard. Still they fall flat. Their focus is scattered, and they spend most of their time running after all kinds of different things that someone told them will work, but just aren't going to (thanks to little or no prayer).

So they get cynical. Their heart grows stone-cold. They stop trusting the Word of God.

Many send me emails giving all kinds of excuses why they couldn't fast and pray as I teach (to be sure, many of these reasons are genuine – as when someone is pregnant or on medication).

Sometimes, I check back to see how they are doing. A season after they first landed on our websites. Or half a year. Or more.

And I hear endless stories about ...

- An abandoned dream.
- An abandoned marriage
- An abandoned goal
- An abandoned destiny.

It breaks my heart each time, and each time, I wish someone would do something about it...

... help take us back to the basics of PRAYER THAT WORKS.

Then one day the Lord told me to be that someone.

And the result is this (rather) long letter you are now reading.

As we bring this to a close, please note that you are not under any obligation to believe anything I've said until...

### **You go ahead and prove it to yourself**

By diligently applying these principles, you will be able to see the PROOF of what you've been reading here.

Because the LORD who sent me stands ready to back up this message 100 percent.

He says:

*Thus said the LORD, your redeemer, and he that formed you from the womb, I am the LORD that makes all things; that stretches forth the heavens alone; that spreads abroad the earth by myself;*

*That frustrates the tokens of the liars, and makes diviners mad; that turns wise men backward, and makes their knowledge foolish;*

*That confirms the word of his servant, and performs the counsel of his messengers...*

*Isa. 44:24-26a*

Praise the LORD.

On our part, we'll be taking all these principles out for a "road test" shortly.

How?

The LORD has directed us to apply this teaching to one of the biggest areas of need in the Body of Christ today.

I'm talking about a daunting problem that keeps rearing its ugly head in my inbox every single day (I will tell you about it in a moment).

But before then...

**This is something that can neutralize  
everything I've said so far!**

You might already know that it requires an intimate relationship with someone in order to truly know and recognize his voice when he speaks.

Same thing with God.

Without a relationship with Him ... and an intimate one for that matter ... it will be very difficult to operate this 3 Best Days principle.

Or hear His voice. Or enjoy his compassion... or favor ... or 24-hour protection or all the other wonderful things we've been looking at here.

If it is of interest to you, you can start that relationship with Him right away (if you have NOT already done so).

Bible tells us there is only one thing that can ACTIVELY sabotage your relationship with Him.

And that thing is SIN.

Hearing the gospel day in day out, but continuing to live in any known sin will cut you off from the presence of God, and make your prayers to fall flat ... no matter how well you put into practice all the other things we've been discussing here.

Sin is a killer. The Bible says:

*Behold, the LORD's hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear: But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.*

- Isa 59:1-2

*For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord. - Rom. 6:23*

Some believers reading this are harbouring deep, dark secrets they dare not share with anyone. Today I counsel you to take everything to the Lord in prayer without further delay.

You need to fall on your face today and cry out to Him in sincere repentance.

For those who have never surrendered their lives to Him, now is the perfect time.

The Bible says:

*For he says, "In the time of my favor I heard you, and in the day of salvation I helped you." I tell you, now is the time of God's favor, now is the day of salvation.*

- 2 Cor.6:2

*Seeing that the warning still comes to us, "To-day, if you hear His voice, do not harden your hearts as your forefathers did in the time of the provocation."*

- Heb 3:15

You can give your life to the Lord today ... even now ... while this is still in front of you.

Here's how to proceed:

**First, realize you are a sinner.**

*"As it is written, There is none righteous, no, not one:" Romans 3:10*

*"...for there is no difference. For all have sinned, and come short of the glory of God;"*  
*Romans 3:23*

**Realize that good works can NOT save you.**

*"But we are all as an unclean thing, and all our righteousness are as filthy rags ..."*  
*- Isaiah 64:6*

*"Not by works of righteousness which we have done, but according to his mercy he saved us ..."* Titus 3:5

**Realize that Jesus Christ died on the cross to pay for your sins.**

*"Who his own self bare our sins in his own body on the tree, ..."* 1 Peter 2:24

*"... Unto him that loved us, and washed us from our sins in his own blood,"* Revelation 1:5

**Simply by faith receive Jesus Christ as your personal Savior.**

*"But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:"* John 1:12

*"...Sirs, what must I do to be saved? And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house.""* Acts 16:30,31

*"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."* John 3:16

**THIS IS A SALVATION PRAYER**

Then pray this prayer, and mean it with all your heart.

*LORD, I know that I am a sinner, and unless you save me I am lost forever. I thank you for dying for me at Calvary. I come to you now, Lord, I repent of my sins and I ask you to save me. I now receive you as my Savior. In the name of Jesus Christ, Amen.*

Congratulations!

We're on the home stretch here...

If you are already married (happily or not) you don't need to read further.

Just go ahead and try out the principles on any situation that's been keeping you awake at night.

And the LORD will give you an answer of peace in Jesus' name.

However...

**If you are still single (and tired of it)...  
then please read on for 2 more minutes.**

Most believers who have gone through some level of prayer training can answer the following questions easily.

**How many can you get right? Try the quiz:**

1. In two words, identify how long it should take for a prayer eagle to find their godly spouse (there are clues in the Bible but you need the Holy Spirit to help you connect the dots).
2. **True or False:** Once you give your life to Christ, everything should be rosy from that point on.
3. **True or False:** It is not necessary to repeat your prayers (it shows lack of faith). Once you pray, God hears and the answer will certainly come.

Now, that wasn't so hard, was it?

## The thing is, if you are still single...

If you can't nail these 3 simple answers instantly... if you even have to think about it for a moment... then you probably need to join other believers and immerse yourself in the all-new program starting shortly on this site by clicking here: [Spousewell for Singles](#)

## How to focus your prayer efforts to draw your godly spouse to you

A lot of godly spouses are in an evil cage in the spirit because nobody has bothered to expend spiritual effort needed to pray them out.

Evangelina just shared this Chinese proverb on the blog:

**“Teachers open the door, but you must enter by yourself.”**

The door is now open...

The Bible says:

*He that walks with wise men shall be wise:  
but a companion of fools shall be destroyed.*

*- Prov. 13:20*

Thank you for taking the time to read this.

Be An Overcomer

elisha

**PS:** To join you need to sign up for a **FREE** or **PREMIUM** membership first.

Note that you will be required to post your profile picture (your real photo) and fill out some details about yourself. Without this, the system may block or disable your account after 24 hours.

[Click Here For More Details](#)